

FC Reinach
TRAININGSPLAN AUSSENPLATZ Fiechten 1 Kunstrasen

Gültig ab 10.06.2024

FC Reinach
TRAININGSPLAN AUSSENPLATZ Fiechten 2 Kunstrasen

Gültig ab 10.06.2024

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
17:00 – 17:30	FF12 Ed Ea		Ea Ed G		Fa Fc Fb Fd
17:30-18:00	FF12 Ed Ea	Db	Ea Ed G	Db Da	Fa Fc Fb Fd
18:00-18:30	FF12 Ed Ea	TOR Db	Ea Ed G	TOR Db Da	Fa Fc Fb Fd
18:30-19:00	FF19 B3	TOR Db	C1 B1	TOR Db Da	FF12 C1
19:00-19:30	FF19 B3	1M A1	C1 B1	1M	FF12 C1
19:30-20:00	FF19 B3	1M A1	C1 B1	1M	FF12 C1
20:00-20:30	FC Fresh Up	1M A1	Ü30 Ü40	1M	
20:30-22:00	FC Fresh Up		Ü30 Ü40	POS	

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
17:00 – 17:30			Fa Fd Fb Fc	FF15	
17:30-18:00		Eb Ec	Fa Fd Fb Fc	FF15 Eb Ec	Da
18:00-18:30		Eb Ec	Fa Fd Fb Fc	FF15 Eb Ec	Da
18:30-19:00		Eb Ec	TOR Ü50	B3 Eb Ec	Da
19:00-19:30	B2 C2	2M	FF19 Ü50	B3 Frauen	1M A1
19:30-20:00	B2 C2	2M	FF19 Ü50	B3 Frauen	1M A1
20:00-20:30	B2 C2	2M	FF19	Frauen	1M A1
20:30-22:00		Pos			

FC Reinach
TRAININGSPLAN AUSSENPLATZ Fiechten Rasen

Gültig ab 10.06.2024

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
17:00 – 17:30	FCB		FCB		FCB
17:30-18:00	FCB FCB	FF15 Da	FCB FCB	D7 Dc	FCB FCB
18:00-18:30	FCB FCB	FF15 Da	FCB FCB	C2 D7 Dc	FCB FCB
18:30-19:00	FCB	FF15 Da	B2 FCB	C2 D7 Dc	FCB
19:00-19:30	C1 B1	Frauen	B2	C2 A1	B1
19:30-20:00	C1 B1	Frauen	B2	2M A1	B1
20:00-20:30	C1 B1	Frauen	Caipi	2M A1	B1
20:30-22:00			Caipi	2M	