

FC Reinach

TRAININGSPLAN AUSSENPLATZ Fiechten 1 Kunstrasen
Ausgabe 01.10.2025

FC Reinach

TRAININGSPLAN AUSSENPLATZ Fiechten 2 Kunstrasen
Ausgabe 01.10.2025

	Montag	Dienstag	Mittwoch	Donnerstag	Freitag
15:00 – 15:30			Future		
15:30 – 16:00			Future		
16:00 – 16:30			Future	ISB	
16:30 – 17:00			WK Future	ISB	
17:00 – 17:30	Ed Ea FF14 FF11		WK Future Ea	ISB	Fc/d
17:30-18:00	Ed Ea FF14 FF11	FF17 Da	Ea D7b Ec	Da Dc D7a	Fc/d FF14 FF11
18:00-18:30	Ed Ea FF14 FF11	TOR FF 17 Da	Ea D7b Ec	TOR Da Dc D7a	Fc/d FF14 FF11
18:30-19:00	C2 D7b	TOR FF 17 Da	C1 D7b Ec	TOR Da Dc D7a	FF14 FF11
19:00-19:30	C2 D7b	2M 1M	C1	2M 1M	B1 1M
19:30-20:00	C2 D7b	2M 1M	C1	2M 1M	B1 1M
20:00-20:30	FC Fresh Up	2M 1M	Ü40 Soleita	2M 1M	B1
20:30-22:00	FC Fresh Up	Oberwil Käserriegel	Ü40 Soleita	Oberwil	

15:00 – 15:30					
15:30 – 16:00					
16:00 – 16:30	ISB	ISB			ISB
16:30 – 17:00	ISB	ISB	FCB FE 13		ISB
17:00 – 17:30	ISB	ISB	FCB FE 13 Fa Fb		FCB FE 13
17:30-18:00	FCB FE 13 FCB FE 12 Eb	Dc Db D7a	FCB FE 12 Fb Fa FCB FE 13	FF17 Db	FCB FE 12 FCB FE 13
18:00-18:30	FCB FE 13 FCB FE 12 Eb	Dc Db D7a	FCB FE 12 Fb Fa FCB FE 13	FF17 Db	FCB FE 12 FCB FE 13
18:30-19:00	FCB FE 13 FCB FE 12 Eb	Dc Db D7a	FCB FE 12 C2 U50	FF17 Db	FCB FE 12 C1
19:00-19:30	B2	B1 Frauen	U50 C2	B1 Frauen	B2 C1
19:30-20:00	B2	B1 Frauen	U50 C2	B1 Frauen	B2 C1
20:00-20:30	B2	B1 Frauen	Caipl	B1 Frauen	B2
20:30-22:00	Jewl. Therwil	Zwigen	Caipl	Zwigen	Jewl. Therwil